



ANNEX A TECHNICAL REQUIREMENTS

ISU EVALUATION

SPRINGS A Girls and Boys, born 2006 and younger (ISU evaluation)

Free program: 2.30 min (+/- 10sec), 8 elements

Max. of 5 jump elements.

- 1 of which must be Axel jump.
- The program should include at least 3 different double jumps. All double jumps may be attempted.
- Max. 2 jump combinations or jump sequences (one with 3 jumps, one with 2 jumps).
- no single or double jump, incl. 1A or 2A, may be attempted more than twice (jumps do not need to be attempted in a jump combinations or jump sequence).

Max. 2 different spins (every spin with different abbreviations!)

- 1 spin combination with **or** without a change of foot (8 revolutions). There must be at least 2 basic positions at min 2 revolutions. No flying entry permitted.
- 1 spin with one position with or without change of foot (5rev/8 rev). Flying entry permitted.

1 step sequence fully utilising the ice surface.

Min. 2 unsupported spiral positions, one must last at least 3 sec. (evaluation in transitions).

Deduction - 0,5 points for each fall.

DEBS A Girls and Boys, born 1.7.2004 and younger (ISU evaluation)

Free program: girls 3.00(+/- 10sec) min, boys 3.30(+/- 10sec) min, 9 elements/girls, 10 elements/boys

Max. 6 jump elements (girls) and **7 jump** elements (boys)

- 1 of which must be **Axel** jump.
- **Max. 2** jump combination or jump sequences of which max. 1 jump combination may consist of 3 jumps.
- The program should include at least 4 different double jumps.
- Single and double jumps can be repeated once. Triple jumps can be repeated once in jump combination or sequence.

Max. 2 different spins (every spin has to have different abbreviation!)

- Spin combination (8 revolutions) with **or** without change of foot. No flying entry permitted..
- Flying spin at least 5 revolutions. With change of foot at least 8 revolutions.

1 Step sequence fully utilising the ice surface.

2 spirals. One must be at least 3 sec. (evaluation in transitions).

Bonus: 2A = + 1,0 points, 2x2A = + 2,0 points, triple jump = + 2,0 points. 2 different triple jumps = + 4,0 points. Max. bonus is + 4,0 points counted from the three most valuable bonus jumps.

Deduction - 0,5 points for each fall.

NOVICE B Girls and Boys, born 1.7.2002 or younger (ISU evaluation)

Free program: girls 3.00(+/- 10sec) min, boys 3.30(+/- 10sec) min, 9 elements/girls, 10 elements/boys

Max. 6 jump elements (girls) and **7 jump** elements (boys)

- 1 of which must be **Axel** jump.
- **Max. 2** jump combination or jump sequences of which max. 1 jump combination may consist of 3 jumps.
- Single and double jumps can be repeated once.
- The program should include at least 3 different double jumps.

Max. 2 different spins (every spin has to have different abbreviation!)

- Spin combination (8 revolutions) with **or** without change of foot. No flying entry permitted.
- 1 spin with one position with **or** without change of foot. Flying entry permitted. (at least 5



rev.)

1 Step sequence fully utilising the ice surface.

2 spirals. One must be at least 3 sec. (evaluation in transitions).

Deduction - 0,5 points for each fall.

NOVICE A Girls and Boys, born 1.7.2002 or younger (ISU-evaluation)

Short Program: 2 min 20s (+/-10s), 6 elements

Double Axel.

Double or triple jump immediately preceded by connecting steps or other free skating movements.

1 jump combination (with two double jumps or double jump and triple jump). Solo jumps may not be repeated.

Girls: Layback spin (sideways and/or backwards) or upright- or camel or sit spin with min. 6 revolutions. No flying entry permitted.

Boys: Camel spin or sit spin or upright spin (min. 5 revolutions on each foot) with only 1 change of foot. No flying entry permitted.

1 Spin combination with **only** one change of foot and **at least** one change of position min. 5 revolutions each foot. Flying entry permitted.

1 step sequence, fully utilising the ice surface.

Bonus: 2A = +1,0 points, 1 triple jump = +2,0 points, 2 different triple jumps = +4,0 points. Max. bonus +4,0 points. Deduction - 0,5 points for each fall.

Free Program: 3 min +/- 10 s (girls) and 3 min 30 s +/- 10 s (boys). 9 elements (girls), 10 elements (boys)

Max. 6 jump elements (girls) and **7 jump elements** (boys).

- Axel jump.
- **Max.** 2 jump combinations or jump sequences of which one jump combination may contain 3 jumps and the other jump combination may contain max. 2 jumps.
- **Only** 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
- Single or double jump, incl. 1A or 2A, may be attempted twice (jumps do not need to be attempted in a jump combinations or jump sequence).

Max. 2 different spins

- 1 spin combination with a change of foot min. 8 revolutions. May not start with the jump.
- 1 Flying spin or spin with a flying entrance in one position. Min. 6 revolutions. Spin with a change of foot min. 8 revolutions.

1 step sequence, fully utilising the ice surface.

Bonus: 2A = +1,0 points, triple jump = +2,0 points. 2 different triple jumps +4,0 points. Max. bonus +4,0 points. Deduction - 0,5 points for each fall.

JUNIOR B Ladies, Men; Short and free skating program

ISU evaluation; Vocal music is allowed.

Short Program: 2 min 40 sec ±10 sec

Free skating: max 3 min 40 sec Deduction

for fall is -1,0 point/fall

Short program (7 elements):

- Axel or double Axel.
- Double or triple jump preceded by connecting steps or other free skating movements.
- One jump combination consisting of two doublejumps.
 - Solo jumps may not be repeated.



- Flying spin, minimum 6 revolutions in the landing position.
 - Landing position must be different than the landing position in the spin in point e)
- Ladies: Layback and/or sideways leaning spin or Camel or sit spin
- minimum 6 revolutions in the chosen position
- Change of foot not allowed
- spin position must be different than in point d)
 - Men: Change foot Camel or sit spin with only one change of foot, minimum 5+5 revolutions (=camel-camel or sit-sit spin)
- Spin combination with only one change of foot, minimum 5+5 revolutions each foot.
 - Spin may not start with a jump.
- Step sequence fully utilizing the skating area
 - may contain unclassified jumps.

- Jumps which do not meet the requirements (wrong number of revolutions) will have no value. Program component 0,8.
- Base value for jump elements executed after the first half of the program will be multiplied with 1,1.

- **Free Skating program** (11 elements):
- Maximum of 7 jump elements, one must be an Axel type of jump. At least one and max. 3 jump combinations or jump sequences.
 - max one combination may consist of 3 jumps. The other combinations may contain max.
 - 2 jumps.
 - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
 - each single and double jump, incl. 1A and 2A, may be executed no more than twice
 - (jumps do not need to be executed in a jump combination or jump sequence)
- Maximum of 3 different spins, all with different abbreviations
 - One spin combination, minimum 10 revolutions, change of foot is not mandatory
 - One spin in one position
 - minimum 6 revolutions
 - change of foot allowed
 - may start with a jump.
 - One spin with different abbreviation than the previous two.
- Step sequence fully utilizing the skating area.

- Program component 1,6.
- Base value for jump elements executed after the first half of the program will be multiplied with 1,1.

- **JUNIOR A, Ladies and Men**
- Short Program 2 min 40 sec +/- 10 sec
- Free Skating Ladies 3 min 30 sec +/- 10 sec. Free Skating Men 4 min +/- 10 sec
- According to the current ISU regulations and communications.



- **SENIOR B ladies and men; Short and free skating program**
- Short program: 2 min 40 sec \pm 10 sec

Free skating: max. 3 min 40 sec. Vocal music is allowed.

- **Short program** (7 elements):
- Axel or double axel
- Double or triple jump immediately preceded by connecting steps or other free skating movements
- Jump combination, consisting of two double jumps or a double and a triple jump.
 - Solo jumps may not be repeated
- Flying spin, minimum 6 revolutions in the landing position.
 - Landing position must be different than in the spin in point e).
- Ladies: Layback and/or sideways leaning spin or Camel or sit spin
 - minimum 6 revolutions in chosen position
 - change of foot not allowed
 - spinning position different from spin in point d)
 - Men: Change foot Camel or sit spin with only one change of foot, minimum 5+5 revolutions (=camel-camel or sit-sit spin)
- Spin combination with only one change of foot, minimum 5+5 revolutions.
 - No flying entrance.
- Step sequence fully utilising the ice surface
 - may contain unclassified jumps

Program component factor is 0,8

In the second half of the program, the base value of all jump elements will be multiplied by 1,1. Deduction for fall -1,0

Free skating program (11 elements):

- max 7 jump elements 1 Axel type of jump. max 3 jump combinations or jump sequences
 - max one combination with 3 jumps, two with max 2 jumps
 - only 2 jumps with 3 or more revolutions can be repeated either in a jump combination or in a jump sequence.
 - each single and double jump, incl. 1A and 2A, may be executed no more than twice (jumps do not need to be executed in a jump combination or jump sequence)
- max 3 spins with different abbreviations
 - 1 spin combination with or without change of foot, minimum 10 revolutions.
 - 1 spin with or without change of foot in one position
 - flying entry permitted
 - minimum 6 revolutions
 - 1 spin with a different abbreviation than the two spins mentioned above
- 1 Step sequence fully utilising the ice surface.

Program component factor is 1,6.

In the second half of the program, the base value of all jump elements will be multiplied by 1,1